

# COMMUNITY RESOURCE GUIDE

## Dayton & Miami Valley

### How to use this guide

Start with the “Start Here” lines for immediate help. Listings are informational, not endorsements. Always call ahead to confirm hours, eligibility and general information.

## **START HERE** - *The fastest way to reach help*

### **United Way Helplink 211**

*24/7 referral line for several assistance services*

**Address:** 409 E Monument Ave, Suite 405

**Phone:** 937-225-3001

**Website:** <https://dayton-unitedway.org/helplink-2-1-1/>

### **988 Suicide & Crisis Lifeline**

*24/7 crisis and suicide prevention support*

**Phone:** Dial 988

**Website:** <https://988lifeline.org>



## **PERSONAL SAFETY & CRISIS**

### **Artemis Center**

*Domestic violence support, advocacy, & safety planning.*

**Address:** 310 W Monument Ave

**Phone:** 937-461-4357

**Website:** <https://www.artemiscenter.org/>

### **YWCA Dayton**

*Shelter and support for families*

**Address:** 141 W 3rd St

**Phone:** 937-461-5550

**Website:** <https://www.ywcadayton.org/>



## **FOOD ASSISTANCE**

### **Catholic Social Services – Choice Food Pantry**

*Food pantry serving west and northwest Dayton*

**Address:** 922 W Riverview Ave (Main)

1046 Brown St (Center for Families)

**Phone:** 937-223-7217

**Website:** <https://cssmv.org/>

### **The Foodbank, Inc.**

*Regional hub distributing food to families*

**Address:** 56 Armor Pl

**Phone:** 937-461-0265

**Website:** <https://thefoodbankdayton.org/>

### **The Hearth Community Place Food Pantry**

*Choice-based Pantry and support programs offered*

**Address:** 3415 Linden Ave

**Phone:** 937-903-9791

**Website:** <https://www.thehearthdayton.org/>

### **Montgomery County Food Assistance Info**

*County resource guide*

**Website:** <https://www.mcoho.org/595/Food-Assistance>

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## HOUSING & SHELTER

### Daybreak Dayton

Youth shelter, housing, and crisis hotline

Address: 605 South Patterson Boulevard

Phone: 937-395-4600 (Main Line)

937-461-1000 (Crisis)

Website: <https://daybreakdayton.org/>

### St. Vincent de Paul Dayton

Help families and youth who are homeless or at risk of homelessness with housing stabilization support

Address: 124 W Apple St

Phone: 937-222-5555

Website: <https://stvincentdayton.org/>

### Homefull

Affordable housing programs

Address: 807 S Gettysburg Ave

Phone: 937-293-1945

Website: <https://www.homefull.org/>

### Rebuilding Together Dayton

Permanent supportive housing for families & adults

Address: 15 W 4th St

Phone: 937-223-4893

Website: <https://www.rtdayton.org/>



## UTILITIES & ENERGY BILLS

### Miami Valley Community Action Partnership

Energy bill help, HEAP, weatherization aid

Address: 719 S Main St

Phone: 937-341-5000

Website: <https://miamivalleycap.org/>

### St. Vincent de Paul - Neighbors Helping Neighbors

Coalition of association neighborhood aid groups

Address: 124 W Apple St

Phone: 937-222-5555

Website: <https://stvincentdayton.org/>



## HEALTH & WELLNESS

### Dayton Children's Hospital

Comprehensive pediatric care for all families

Address: One Children's Plaza

Phone: 937-641-3000

Website: <https://www.childrensdayton.org/>

### Five Rivers Health Centers

Primary, dental, vision, & specialty care.

Address: Multiple county locations

Phone: 937-281-6800

Website: <https://www.fiverivershealthcenters.org/>

### Equitas Health - Dayton Health Center

Non-profit community healthcare system

Address: 1222 S. Patterson Blvd

Phone: 937-853-3650

Website: <https://equitashealth.com/>

### NAMI Montgomery County Ohio

Mental health support groups & educational resources

Address: 409 E. Monument Ave

Phone: 937-299-3667

Website: <https://nami-mc.org/>

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## SENIORS & CAREGIVERS

### **United Rehabilitation Services of Dayton**

Care navigation, caregiver support, in-home services

Address: 4710 Old Troy Pike

Phone: 937-233-1230

Website: <https://ursdayton.org/>

### **Area Agency on Aging**

Case management & support for older adults

Address: 40 W 2nd St #400

Phone: 937-223-HELP (4357)

Website: <https://info4seniors.org/>



## EMPLOYMENT & JOB EDUCATION SUPPORT

### **OhioMeansJobs – Montgomery County**

Job search, training, employer connections

Address: 1111 S Edwin C. Moses Blvd

Phone: 937-225-5627

Website: <https://thejobcenter.org/>

### **Goodwill Easterseals Miami Valley**

Job training and disability support programs

Address: 660 S Main St

Phone: 937-461-4800

Website: <https://gesmv.org/>

### **Dayton Job Corps Center**

Vocational training (health care, tech, trades)

Address: 3849 Germantown Pike

Phone: 800-733-5627

Website: <https://www.jobcorps.gov/>

### **Central State University – Workforce Training & Business Development Center**

Free high-demand skills training for eligible county residents

Address: James A. Elam Hall, 840 Germantown Street

Phone: 937-376-6009

Website: <https://www.centralstate.edu/>

### **Sinclair Workforce Development (Sinclair Community College)**

Certification and professional training

Address: 444 W Third St

Phone: 937-252-9787

Website: <https://workforce.sinclair.edu/>



## LEGAL SERVICES & ADVOCACY

### **Advocates for Basic Legal Equity (ABLE)**

Civil legal aid for low-income residents

Address: 130 W Second St, Ste 700 East

Phone: 937-228-8104

Website: <https://www.ablelaw.org/>

### **Greater Dayton Volunteer Lawyers Project**

Legal advice for eligible clients & referrals

Address: 109 N Main Street, Ste. 610

Phone: (937) 461-3857

Website: <https://www.gdvlp.org/>

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## VETERANS SERVICES, ADVOCACY

### Dayton VA Medical Center

Full healthcare services for area veterans

Address: 4100 W Third St

Phone: 937-268-6511

Website: <https://www.va.gov/dayton-health-care/>

### Montgomery County Veterans Service Commission

VA claims, financial aid, transportation support

Address: 627 Edwin C. Moses Blvd, 4th Fl

Phone: 937-225-4801

Website: <https://mcvsc.org/>

### Greene County Veterans Services

Veterans support services

Address: 571 Ledbetter Rd, Xenia

Phone: 937-562-6020

Website: <https://greenevets.com/>

### Fisher House - WPAFB

Lodging for families of veterans

Address: 415 Schlatter Dr, WPAFB

Phone: 937-257-0855

Website: <https://fisherhouse.org/>



## GENERAL SERVICES & COMMUNITY AID

### Good Neighbor House

Health clinic, counseling, pantry, and pharmacy

Address: 627 E First St

Phone: 937-224-3003

Website: <https://www.goodneighborhouse.org/>

### Impact Garage

Low-cost car repairs and free pre-purchase inspections

Address: 4100 Industrial Ln, Beavercreek

Phone: 937-759-8631

Website: <https://impactgarage.org/>

### Hannah's Treasure Chest

Clothes, toys, baby gear via partners

Address: 124 Westpark Rd

Phone: 937-438-5039

Website: <https://www.htcdayton.org/>

### For Love of Children, Inc.

Programming and resources to children who are abused, neglected, in foster care, and those in need of aid.

Address: 118 W 1st St Talbott Tower - 5th floor

Phone: 937-223-3562

Website: <https://flocdaytonohio.org/>



## FINANCIAL WELLNESS

### Miami Valley Urban League

Personalized budget guidance

Address: 31 S. Main St

Phone: 937-226-1513

Website: <https://mvul.org/financial-coaching>